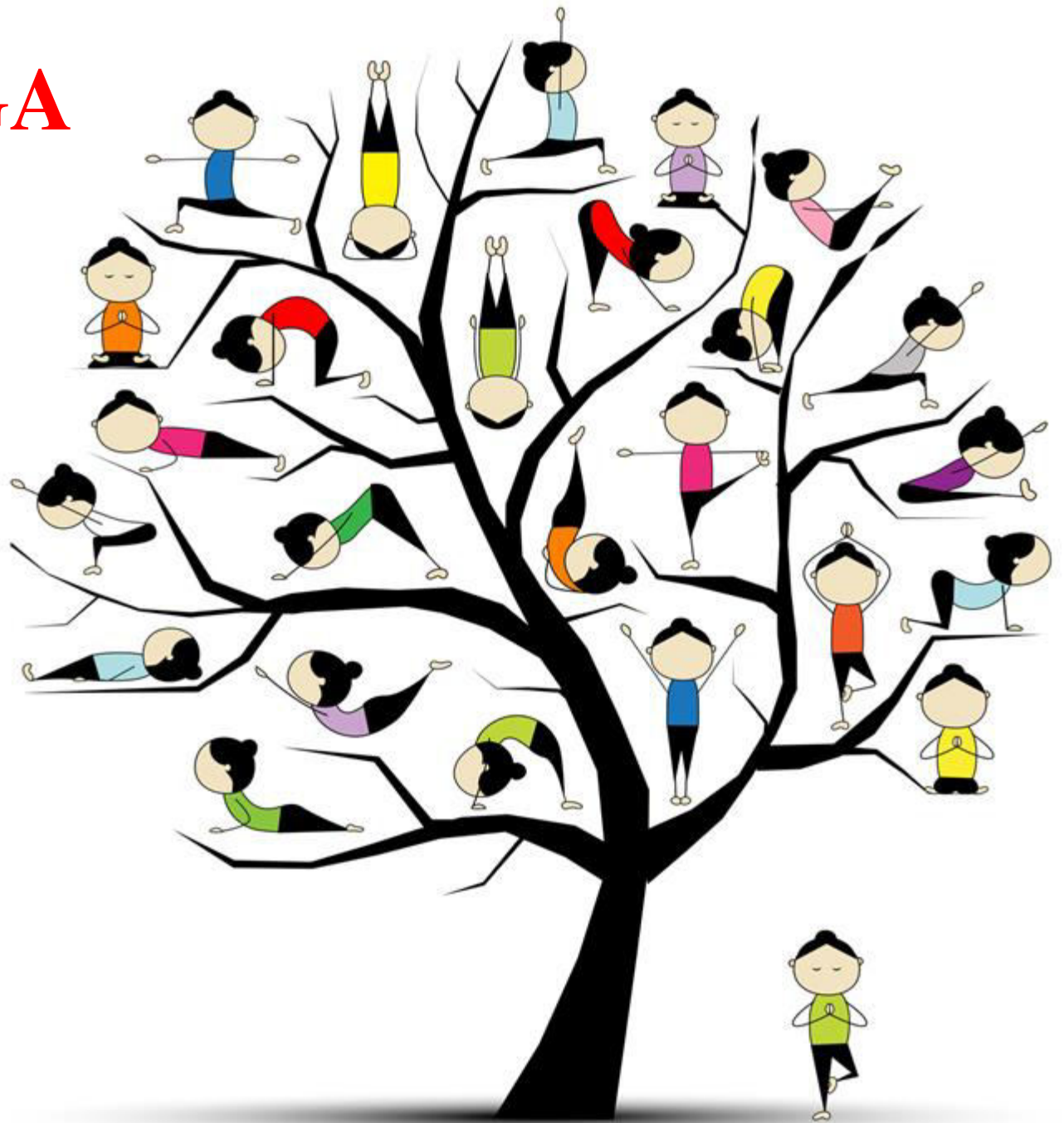
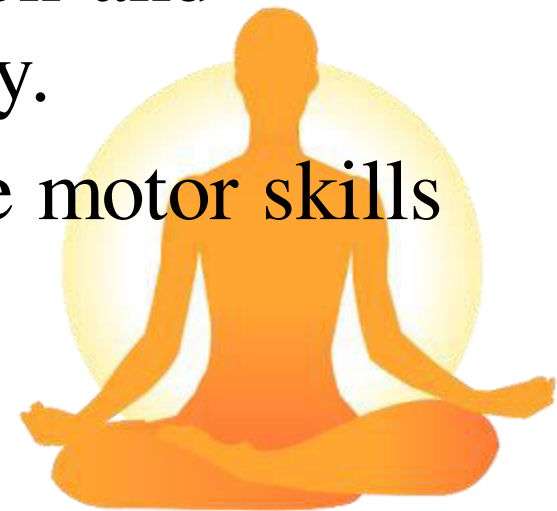


KIDS YOGA



Importance of Kids Yoga

- Mind and body coordination is improved.
- Controls nutritional deficiencies, and improves growth and development
- Keeps digestive system healthy
- Reduces extra calorie accumulation and thereby controls childhood obesity.
- Helps in improving gross and fine motor skills



A young boy in a light blue shirt is sneezing into a white tissue in a classroom. He is sitting at a desk with other children. A girl in a light blue shirt is looking down at her work on the left, and another child in a purple shirt is writing on the right. The background shows other students and classroom posters.

Reasons for low immunity

- Family history
- Infections
- Vitamin deficiency
- Malnutrition
- sleeplessness

Growth and development

- ❖ Physical growth is of 2 types:
- ❖ Height
- ❖ Weight
- ❖ Development 2 types:
- ❖ Gross motor development.
- ❖ Fine motor development.



Regular health check ups

- Regular health checkups are required for the children to diagnose any growth and developmental abnormalities.



FEE STRUCTURE

- Fee structure is as

On Academy

- **1 Portion**
 - **Monthly Rs 2000.00 (7 Days in a week)**
 - **Quarterly Rs.5000.00 (7Days in a week)**
 - **Half yearly Rs.9000.00 (7 Days in a week)**

At Home

- **2 Portion**
 - **Monthly Rs . 9000.00 (3 Days in a week)**
 - **Monthly Rs.15000.00 (5 Days in a week)**
 - **Monthly Rs.18000.00 (6Days in a week)**
 - **Monthly Rs. 8000.00 (2Days in a week)**

THANK YOU