



REASONS TO GO FOR NATUROPATHY

Consultation and therapy

- . Our naturopathy experts give the best remedies for problems like arthritis, spondylosis, skin problems like psoriasis etc.
- Naturopathy is also very effective in detoxification of the body which helps in prevention and control of diseases.
- There are 2 procedures in complete body detoxification: Laghukalp and Kayakalp

Laghukalp

- Def: in simple terms it is detoxification of the body through fasting on different items
- Fasting items are milk, boiled vegetables, fruits, etc – depending on the body type and health issue.
- Other procedures in laghukalp are mud packs, mud baths, enema.

Kayakalp

- Def: in simple words, it is fasting completely on fluids.
- Fluids may be water, coconut water etc depending on the requirement.
- Other procedures in kayakalp are mud packs, mud baths, enema.



THERAPY FEE OF NATUROPATHY

NATURE OF TREATMENT	FREQUENCY	FEE	DURATION
STEAM BATH	1	Rs 200.00	15 TO 30 Min
SPINE BATH	1	Rs 200.00	15 TO 30 Min
HIP BATH	1	Rs 200.00	15 TO 30 Min
FOOT BATH	1	Rs 200.00	15 TO 30 Min
WRAPPING WITH SOIL (Mitti ki patti)	1	Rs 400.00	1 hour
Laghu shankh prakshalan (Cleaning the whole intestine)	1	Rs 2500.00	8 hours
ENEMA	1	Rs 200.00	15 Min

THANK YOU